

PAT BOROS TRAIL RUN

September 12, 2009

PAT BOROS

{1954 - 2004}



Trail Run
Sibley State Park New London, Minnesota

Registration

Register online at: kandiyca.org
\$20.00 pre-registration ends 9-3-09
\$25.00 race day registration begins at 7:30 am

Registration forms available at
pickleevents.com/glaciallakes.com or at
kandiyca.org

Please mail your registration prior to 9-1-09 to:

Pat Boros Trail Run
PO Box 571
Spicer, MN 56288

All pre-registered runners competing in the race will receive a long sleeved t-shirt. Limited shirts available for race day registration-first come, first served.

State Park day pass is included in entry fee.

Proceeds

The proceeds from this event will be donated in the memory of Pat Boros.

Course/Location

10 K trail run starts at 8:30 am

Sibley State Park 3 miles west of New London, Minnesota

Water provided at approximately half way.
Gatorade, water and snacks provided at the finish.

Series Information

Pat Boros Trail Run is part of the Glacial Lakes Championship Running Series.
pickleevents.com/glaciallakes



Awards

Trophies: Top Female and Top Male
Medals: 1st, 2nd, & 3rd place in each division.
Male and Female divisions: 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, and 55 plus

Questions?

Contact Jay Vagle at 320-212-2854 or at
pbtrailrun@gmail.com



Number	Time

Pat Boros Trail Run OFFICIAL ENTRY FORM

Name _____

Age _____ Sex: Male / Female (circle one)

E-mail _____

Address _____

City _____

State _____ Zip _____

Phone _____

Shirt Size: S M L XL

A. Assumption of Health and Safety Risk. I hereby assume full responsibility for my own training and physical fitness throughout this event, and I assume the risk of any injury, loss or damage to my person and /or property caused by any negligence attributable to any person or entity other than myself.

B. Consent to Receive Medical Treatment. I hereby consent to receive emergency first aid medical treatment in the event of an injury, accident and/or illness during this event and its related activities.

C. Release, Discharge and Waiver. I hereby release and discharge the Pat Boros Charitable Run, Sibley State Park, race officials and all other sponsors, organizers, and volunteers associated with this event from any and all claims of negligence (known or unknown) based on any personal and /or property injury, death, damage or loss I may suffer while participating in this event. I further waive any right I may have to bring legal action or otherwise assert a claim against said parties on the basis of any of these claims released and discharged by me.

D. Agreement to Indemnify and Hold Harmless. I hereby agree to indemnify and hold each sponsor, organizer, municipality and volunteer harm less as to any and all liability, damages, costs, disbursements and reasonable fees which may be incurred by said person or entity in defending against any and all claims and rights I have released, discharged and waived above.

I HAVE READ THE ABOVE AND CERTIFY MY AGREEMENT BY MY

SIGNATURE: _____

(signature of participant)

(date)

(signature of parents or legal guardian - if under 18)