

The 10th Annual

RUN AROUND RAYMOND

Saturday, August 28th

- 5K Walk/Run at 8:00 a.m.
- Mile Run at approximately 9 a.m.



****Bonus Point Race**

www.pickleevents.com/glaciallakes

Courses: The Start/Finish Line for both races is at MACCRAY East Elementary School. The 5K (USA Track & Field Nationally Certified - #MN-02019-RR) is a beautiful grass course that winds around Hawk Creek Country Club (HCCC) and through Raymond's scenic nature trail, finishing up on pavement. There will be one water station near the 2 mile mark. The mile course (primarily grass) also runs near the HCCC.

5K Medals: awarded to the top three finishers in each age & gender group of the 5K:
Under 10, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

Mile Run Awards: Medals to the top three male & female over-all finishers. Participant ribbons to all runners age 14 & under.

Team Contests: Team registrations must be sent in together to qualify for either category:

****Fastest Team:** Average time for top two runners from each team. Top 3 teams will be awarded medals.

****Largest Team:** Recognition will be given to the team with the most numbers of combined walking and/or running participants.

More Information: Kevin or Bonnie Hauser at 320-967-4774 or bkhauser@willmar.com.

The annual Dad's Belgian Waffle Feed will be held at St. John's Lutheran Church, also near the finish line. Raymond's Harvest Festival will have many activities taking place that day, so you may want to plan to stay awhile... in the town that "Everybody Loves..."

Registration:

***by August 18th:** Age 15 & over = \$15/person
Age 14 & under: \$10/person

***after Aug 18:** Age 15 & over = \$20/person
Age 14 & under: \$15/person

***Mile Run:** free to those entered in the 5K, otherwise the same fees as for the 5K apply.

Race day registration:** available between 7 -7:45 a.m., but **only pre-registered entrants are guaranteed a t-shirt in their chosen size. T-shirts will be given, while available, to those who do not register by Aug. 18.**

Mail to: Heritage Bank N.A., Box 235, Raymond, MN 56282. Checks payable to: Raymond Civic & Commerce.

BIB#: _____

FORM

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Phone: (____) _____

E-mail: _____

Gender: M F Age: _____ (as of 8/28/10)

Event: ___5K ___Mile Run (Free to 5K entrants)

Shirt Size: XXL XL L M S XS

***Only pre-registered entrants are guaranteed a t-shirt in their chosen size.

Team

Name: _____

(**Must send team registrations together)

In the consideration of the acceptance of this entry in the Harvest Fest "Run Around Raymond". I release the City of Raymond, Hawk Creek Country Club, MACCRAY Elementary, Raymond Civic and Commerce, Harvest Fest Committee, Raymond Lions, Heritage Bank N.A., and any sponsor of the race from all actions, claims and demands of any kind and nature that may arise from or on connection with my participation in any aspect of the race, accepting the risks involved and waiving all rights of any kind that might otherwise exist. In addition, I waive any claims I might have in connection with cancellation or rescheduling of the race for whatever reason. I represent that my physical condition, to the best of my knowledge, is adequate to compete safely in a distance race and that no physician or other qualified individual had advised me against running in such an event. I sign on behalf of myself and my heirs, personal representatives and assigns.

Signature of entrant:

(Parent/guardian signature required if under 18 years of age)

Date: _____