

The 12th Annual

RUN AROUND RAYMOND 5K

Saturday, August 25th 8:00 a.m.

Mile Run at approximately 9 a.m.



www.pickleevents.com/glaciallakes

Courses: The Start/Finish Line is at MACCRAY East Elementary School. The 5K (USA Track & Field Nationally Certified - #MN-02019-RR) is a combination grass/gravel/trail/pavement course that winds around Hawk Creek Country Club (HCCC) and through Raymond's scenic nature trail. The mile course also runs near the HCCC. There will be refreshments and fruit at the finish line and a water station near the 2 mile mark.

5K Medals: awarded to the top three finishers in each age & gender group of the 5K: Under 10, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

Mile Run Awards: Medals to the top three male & female over-all finishers. Participant ribbons to all runners age 14 & under.

Team Contests: Team registrations must be sent in together to qualify for either category:

****Fastest Team:** Average time for top two runners from each team. Top 3 teams will be awarded RAR sweat towels.

****Largest Team:** RAR sweat towels will be given to the team with the most participants who register **before** race day.

More Information: Kevin or Bonnie Hauser at 320-967-4774 or 320-220-2347 or email bkhauser@willmar.com or facebook

The annual Dad's Belgian Waffle Feed will be held at St. John's Lutheran Church, near the finish line. Raymond's Harvest Festival will have many activities taking place that day, so you may want to plan to stay awhile... in the town that "Everybody Loves..."

Registration:

***by August 15:** Age 15 & over = \$20/person
Age 14 & under: \$15/person

***after Aug 15:** Age 15 & over = \$25/person
Age 14 & under: \$20/person

***Mile Run:** free to runners in the 5K, otherwise same fees as for the 5K apply.

Race day registration:** available between 7 -7:45 a.m., but **only pre-registered entrants are guaranteed a performance shirt in their chosen size. Remaining shirts will be given (while supply lasts) as registrations are received.**

Mail to: Box 231; Raymond, MN 56282
Checks payable to: Raymond Lions

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Phone: (_____) _____

E-mail: _____

Gender: M F Age: _____ as of Aug. 25, 2012

Event: _____ 5K _____ Mile Run (Free, if entered in the 5K)

Shirt Size: XXL XL L M S XS ***Only pre-registered entrants are guaranteed a t-shirt in their chosen size.

Team Name (**Must send team registrations together):

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In the consideration of the acceptance of this entry in the Harvest Fest "Run Around Raymond". I release the City of Raymond, Hawk Creek Country Club, MACCRAY Elementary, Raymond Civic and Commerce, Harvest Fest Committee, Raymond Lions, Heritage Bank N.A., and any sponsor of the race from all actions, claims and demands of any kind and nature that may arise from or on connection with my participation in any aspect of the race, accepting the risks involved and waiving all rights of any kind that might otherwise exist. In addition, I waive any claims I might have in connection with cancellation or rescheduling of the race for whatever reason. I represent that my physical condition, to the best of my knowledge, is adequate to compete safely in a distance race and that no physician or other qualified individual had advised me against running in such an event. I sign on behalf of myself and my heirs, personal representatives and assigns.

Signature of entrant:

(Parent/guardian signature required if under 18 years of age)

Date: _____